

# Recipe for Chickpea Salad

Brought to you by Yoga Gyan Jyoti



## Ingredients

- 2 cups chickpeas-boiled (or use canned option)
- ½ onion-chopped
- ½ tomato-chopped (optional)
- ½ bunch cilantro-finely chopped
- 1 lime-squeezed
- ½ pomegranate-peeled
- ½ apple-chopped
- ½ cup sprouted moong beans
- 2 tsp chaat masala
- Salt to taste

## Preparation

1. Add all ingredients to stovetop pot
2. Stir until well mixed and desired temperature is reached

Questions, comments or concerns? Let us know!

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