

Recipe for Ginger-Green Chili Pickle

Brought to you by Yoga Gyan Jyoti



Ingredients

- Medium-sized piece of ginger
- 3 green chili peppers
- 1 large lime
- 1 tsp salt

Preparation

1. Cut ginger into small pieces and green chilies in circles
2. Add salt and pour lime juice over it
3. Place in a bottle, cover, shake and set aside in a sunny spot
4. After a few days ginger will turn pink
5. Serve a little with meals on the side

Questions, comments or concerns? Let us know!

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